J.J. STANIS AND COMPANY, INC.

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C/o Eastern Suffolk BOCES 201 Sunrise Highway Patchogue, NY 11972

To: Members of the East End Health Plan and their Eligible Dependents

From: East End Health Plan and J. J. Stanis and Company, Inc.

Date: 2023 Calendar Year

Re: CIGNA Discount Dental Plan

The East End Health Plan along with J. J. Stanis and Company, Inc. is pleased to provide the following information regarding the Discount Dental Plan offered through J. J. Stanis and CIGNA*Plus* Savings.

The response to this program has been positive; several retired members have enrolled throughout the United States. The broad network of CIGNA participating dentists as well as the ability to nominate dentists has contributed to the success of this program. As a result of this success, our initial enrollment has been modified to allow **ALL** eligible members to **ENROLL IN THE PROGRAM AT ANY TIME.** Enrollment is easy; CIGNA*Plus* Savings can be accessed on-line: www.cignaplussavings.com or toll free: 1.877.521.0244. (Attached are step-by-step directions)

Some of the hi-lights of the Discount Dental Program include:

- This is a Discount Dental Program, NOT Dental Insurance
- Discounts from participating dentists could range from 15% to 50% with an average national savings of 35% off average area charges
- Premiums for this program are \$90 Single/\$150 Family YEARLY.
- Premiums are payable by credit card with no service fees
- Available to Active or Retired members and their eligible Dependents who do not have any other dental coverage
- Flexibility to change network dentists at any time
- CIGNAPlus Savings customers can also take advantage of the Healthy Rewards Program. They will enjoy
 discounts from a variety of health and wellness products and services arranged by CIGNA including (but
 not limited to):
 - Eye exams, frames and lenses
 - Hearing Care
 - Chiropractic Care
 - Fitness Club Memberships
 - Massage Therapy
 - Tobacco Cessation Programs

To learn more, or if you have any questions, please feel free to visit the CIGNA*Plus* Savings website at www.cignaplussavings.com